

Supervision Checklist at the Community Level for Maternal and Neonatal Health

Kibaha District

Supervisor from a health facility

Village:

Ward:

Date:

Name of the Supervisor from the Health Facility:

Name of the Health Facility:

Knowledge on Risk/Danger Signs:

Mark with a tick (✓) where appropriate

A. Danger Signs for Neonates	YES
Difficulty in waking the baby or unusual sleepiness	
Seizures/convulsions	
Difficulty in breathing, rapid breathing, or periods of no breathing	
Bluish skin (cyanosis)	
Fever	
Cold	
Umbilical bleeding or discharge	
Skin rash	
Jaundice or overly pale skin	
Eye discharge	
Excessive crying	
Excessive vomiting	
Failure to breastfeed	
Decreased or absent urination	
Any other (specify)	

B. Risk Signs and Symptoms During Pregnancy	YES
Vaginal bleeding	
Foul smelling vaginal discharge	
Premature labor	
Sudden gush of fluid from the vagina- premature rupture of membranes (PROM)	
Severe continuous headache	
Sudden sharp, severe lower abdominal pain	
Convulsions/high blood pressure (Eclampsia)	
Difficulty breathing	
Sudden and severe swelling of face, hands, or legs	
Fever, chills, and persistent vomiting	

Loss of or decreased fetal movement	
Severe palmar pallor	
Any other sign (specify)	

C. Risk Signs and Symptoms for a Postpartum Mother	YES
Persistent and severe vaginal bleeding	
Fever and feeling weak	
Severe lower abdomen pain	
Headache and dizziness	
Loss of consciousness or convulsion	
Difficulty breathing	
Abnormal behavior, irritability, anxiety, exhaustion, and depression	
Foul odor of vagina or vaginal discharge	
Muscle pains in the legs	
Painful breast swelling/ breast engorgement	
Passing small amount of urine or not passing at all	
Any other sign or symptoms (specify)	

E. Commonly used Family Planning Methods in Tanzania	YES
Short-term Methods	
Condom (male, female)	
Exclusive breast feeding	
Combined oral contraceptives (COCs)	
Progesterone-only pill (POP)	
Natural family planning	
Long-term Methods	
Implant	
Intra uterine device (IUD)	
Injectable contraceptives (DMPA)	
Permanent Methods	
Tubal ligation (BTL)	
Vasectomy	
Any other method (specify)	

Patients received through referrals:

Population Group	Number of referrals received from ADDOs	Number of referrals received from CHWs
Neonates		
Pregnant women		
Women who have delivered		
Family Planning		
Total		

Availability of medicines and related commodities:

Medicines or Commodities	YES
ORS	
Zinc	
Amoxicillin dispersible tablets	
Gentamycin (40mg)	
Ampiclox	
Quinine	
Magnesium sulphate	
Calcium gluconate	
Oxytocin	
Sulphadoxine-pyrimethamine	
ACTs	
Folic acid	
Oxygen concentrator	
Sucker	
Giving sets	
Infusion	
Cannula	
Syringe	
Gloves	
Male condom	
Female condom	
Combined oral contraceptives (COCs)	
Progesterone-only pill (POP)	
Injectable contraceptives (DMPA)	
Implant	
Intra uterine device (IUD)	

Working Tools:

Working Tool	YES
File for keeping referral documents	
Posters of danger signs	
Register of records and meetings with ADDO dispensers and CHWs	

Supervisors:

- 1..... Signature.....
- 2..... Signature.....
- 3..... Signature.....